

# The North Somerset Strollers



Walking the way to health



## PORTISHEAD

**Mon 7 June 11am – The Café, Lake Grounds**

**Mon 21 June 11am – The Café, Lake Grounds**

**Mon 5 July 11am – Parish Wharf Leisure Centre**

**Mon 19 July 11am – Parish Wharf Leisure Centre**

**Mon 2 Aug 11am – Marina Healthcare Centre, Harbour Rd\***

**Mon 16 Aug 11am – Marina Healthcare Centre, Harbour Rd\***

**Mon 30 Aug – BANK HOLIDAY – NO WALK**

**\*please note that there is limited visitor parking on site**

Walks are easy, on mainly flat roads, footpaths, town or beach routes.  
All walks last under an hour.

**PLEASE WEAR SUITABLE CLOTHING & FOOTWEAR**

We regret that no dogs are allowed

To discuss the walks programme in more detail call Sport & Active  
Lifestyles on 01275 810 995

**Health Walks**

