

# The North Somerset Strollers



Walking the way to health



## WINSCOMBE

All walks are on Tuesdays at 11am unless otherwise stated

- 1 June – Woodborough Inn, Sandford Road 1 & 2
- 8 June – Woodborough Inn, Sandford Road 1
- 22 June – Woodborough Inn, Sandford Road 1
- 6 July – Woodborough Inn, Sandford Road 1 & 2
- 13 July – Woodborough Inn, Sandford Road 1
- 27 July – Woodborough Inn, Sandford Road 1
- 3 August – Woodborough Inn, Sandford Road 1 & 2
- 10 August – Woodborough Inn, Sandford Road 1
- 24 August – Woodborough Inn, Sandford Road 1

1: 1 hour walk

2: 1 hour 15 minutes walk

We are keen to encourage those individuals who are not currently exercising or are unable to do anything too physically challenging.

**PLEASE WEAR SUITABLE CLOTHING & FOOTWEAR**

We regret that no dogs are allowed

To discuss the walks programme in more detail please call Sport & Active Lifestyles on 01275 810 995

# Health Walks

